

<u>Name of Meet:</u>	<b><u>2011 TIGER CHALLENGE</u></b> <b><u>@</u></b> <b><u>Princeton University DeNunzio Pool</u></b>  Hosted by Princeton Tigers Aquatics Club & Elite Swim Club
<u>Meet Sanction #:</u>	<b>NJS #051411LC</b>
<u>Date of Meet:</u>	Saturday May 14 <sup>th</sup> & Sunday May 15 <sup>th</sup> 2011
<u>Location:</u>	Princeton University DeNunzio Pool is an Olympic-size, 50-meter, 8-lane pool with Colorado timing located on Faculty Road off of Washington Road (Rte. 571) There is ample seating for spectators; no food, massage table or lawn chairs will be allowed. The pool is no shallower than 7 feet deep.
<u>Meet Director:</u>	<b>Marilynn Cino, <a href="mailto:Marilynn.cino@gmail.com">Marilynn.cino@gmail.com</a>, (609)799-1332</b>
<u>Meet Referee:</u>	Moya Chew-Lai <a href="mailto:EMLAI888@AOL.COM">EMLAI888@AOL.COM</a> & Paul Welsh <a href="mailto:Paul_Welsh@gbtpa.com">Paul_Welsh@gbtpa.com</a>
<u>Meet Marshall:</u>	<b>Luis Nicolao, <a href="mailto:nicolao@Princeton.edu">nicolao@Princeton.edu</a>, (609)712-3137</b>
<u>Entry Coordinator:</u>	<b>Ted Ernst, <a href="mailto:trenst@aol.com">trenst@aol.com</a></b> <ul style="list-style-type: none"> <li>• 4 Beck Court, Kendall Park, NJ, 08824</li> <li>• Cell-(609) 240-1323 or Home-(732) 422-7935</li> <li>• Best time to call after 6:00 p.m. and weekends.</li> </ul>
<u>Entry Deadline:</u>	<ul style="list-style-type: none"> <li>• Entries will be accepted beginning April 6<sup>th</sup> at 12 noon.</li> <li>• Meet entries will be taken until the meet fills.</li> <li>• Team entries will be considered accepted when entries are input into Meet Manager.</li> <li>• The host club must stay within the four-hour-per-session rule.</li> <li>• There will be a New Jersey Swimming early entry date. All New Jersey Swimming Clubs will be accepted up to this Date: <b>Friday April 22<sup>th</sup>, 2011</b> providing the meet is not full, all other LSC and NJS entries will be entered after this date on a “when received” bases.</li> <li>• The entry deadline is <b>Saturday, April 30, 2011.</b></li> <li>• Mail entries to: Tigers Aquatics Club c/o Ted Ernst 4 Beck Court Kendall Park, NJ, 08824</li> </ul> <p>If you are mailing your entries, we recommend sending them via overnight delivery or express mail, <b><u>but waive the signature</u></b></p>

<p>Multi-Day LC meet entry process</p>	<p>During the first two weeks of receiving entries (start date defined as the date when the meet is posted on the NJ Swimming website), NJS LCM Silver time standards will apply (make one cut swim three events per swimmer). Participating swimmers will be limited to one day of the meet and no more than three individual events/per swimmer (note: a team can enter team members in both days of the meet; yet any single swimmer can only compete on a single day for up to 3 events).</p> <p>During the third week of receiving entries, if the meet/sessions still have room, the meet will be opened to Bronze level athletes (bronze swimmers will be added to the meet in the order that teams were initially accepted during the 1<sup>st</sup> two weeks of receiving entries.) Again, any single swimmer can only compete on a single day for up to 3 events at this time.</p> <p>For the fourth week of entries, if the meet is still open, teams may enter athletes into a second day of the meet in the same order that they were entered initially.</p> <p>Exception, the host team(s) may enter athletes into a maximum of four (4) events during the first two weeks of entries over the two days of the meet. The NJS Silver LCM time standards will apply (make one swim four events.) For the third week of entries, the host team may enter Bronze level athletes into a maximum of four events over the two days. The meet host team(s) will be considered the 1<sup>st</sup> teams to enter the meet.</p>
<p><u>Entries</u></p>	<p>In accordance with NJS policy, team entries may be submitted by e-mail to <a href="mailto:trernst@aol.com">trernst@aol.com</a> (please use Tiger Challenge 2011 in subject line). All entries must be Hy-Tek program entries either on a CD, a thumb drive, or as an e-mail file attachment.</p> <ul style="list-style-type: none"> <li>• The meet entry coordinator will respond to e-mail entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your e-mail has not been received. It then becomes the sender's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by e-mail or phone, or mail your entries.</li> <li>• An Entry Summary with a signed NJS waiver and a check must accompany or follow each mailed entry.</li> <li>• <b>The host club has the right to scratch swimmers/teams if entry fees and waivers are not received prior to the start of the meet.</b></li> <li>• Incomplete entries will not be accepted.</li> <li>• Deck entries will not be accepted.</li> </ul>
<p><u>Meet Format Waiver:</u></p>	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. A reason for change would be:</p> <ul style="list-style-type: none"> <li>• To conform to facility capacity, there will be no more than 350 swimmers per session.</li> </ul>

	<ul style="list-style-type: none"> <li>• To allow more swimmers to swim.</li> </ul>
<u>Internet Website Posting:</u>	<ul style="list-style-type: none"> <li>• Meet Website address is <a href="http://www.tigersaq.com">www.tigersaq.com</a>.</li> <li>• The following pre-meet Information will be posted on the website: <ul style="list-style-type: none"> <li>• Meet information.</li> <li>• Hy-Tek Events list (.HYV file)...</li> <li>• Updated meet schedule.</li> <li>• Warm-up schedule and team warm-up assignments.</li> <li>• Timing assignments.</li> </ul> </li> <li>• The following post-meet information will be posted on website: <ul style="list-style-type: none"> <li>• List downloadable results (HY3.zip file).</li> <li>• List downloadable meet back-up (backup.zip file).</li> </ul> </li> </ul>
<u>Meet Requirement Statement:</u>	This meet does qualify as “one” of the “two” required <u>long-course</u> meets to be eligible for the New Jersey LC Zone Championship Team or for New Jersey National Championship Reimbursement. Swimmers who participate in 1 long course meet and 3 short course meets from Sept 1 thru August 1 will also be eligible for New Jersey Swimming’s National Championship Reimbursement.
<u>Coaches Eligibility:</u>	All coaches “on the deck” must be a registered member of USA Swimming. <ul style="list-style-type: none"> <li>• Coaches must have coaching card visible at all times.</li> </ul>
<u>Swimmer Eligibility:</u>	<ul style="list-style-type: none"> <li>• All swimmers must be members of USA Swimming to enter and compete in this meet. All swimmers must be listed on a team’s official entry form to be eligible to participate in this swim meet in any events, including relays. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use “UN-&lt;New Team Alpha Code&gt;” as their team affiliation. All unattached swimmers must be listed on the team’s official waiver entry form.</li> <li>• No time standards will be used for this meet.</li> <li>• New Jersey Swimming allows swimmers to compete in only 3 individual events per day.</li> <li>• Age for this meet is calculated as of May 14<sup>th</sup>, 2011.</li> </ul>
<u>Swimmers Unaccompanied by a USAS Certified Coach</u>	Any swimmer entered into this meet that is unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
<u>Meet Format:</u>	<p>This meet will be run in accordance with current USA Swimming Rules. This meet will be run as a timed-final meet.</p> <p>This meet will be deck-seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report directly to the blocks.</p>
<u>Meet Schedule:</u>	The building opening time is no sooner than 6:45a.m. This meet will have three sessions on Saturday and three sessions on Sunday.

## Meet Schedule

<b>Saturday</b>		<b>Warm-Up</b>	<b>Start</b>
Session 1	All 12/Unders – Check-in by 7:30 a.m.	7:00 a.m.	8:10 a.m.
Session 2	Open 400s – Positive check-in by noon <i>Alternating heats of girls and boys will be swum Will be run slowest to fastest; swimmers will provide their own timers.</i>	TBA	TBA
Session 3	All 13/Overs-Check-in 30 minutes before start.	TBA	TBA
<b>Sunday</b>		<b>Warm-Up</b>	<b>Start</b>
Session 4	All 12/Unders – Check-in by 7:30 a.m.	7:00 a.m.	8:10 a.m.
Session 5	Open 800s – Positive check-in by noon <i>Alternating heats of girls and boys will be swum Will be run slowest to fastest; swimmers will provide their own timers and counters.</i>	TBA	TBA
Session 6	13/Overs —Check-in 30 minutes before start.	TBA	TBA

<u>Warm-up Procedures:</u>	<ul style="list-style-type: none"> <li>• Warm-up will be run under New Jersey Swimming warm-up and safety guidelines. Warm-up will include general warm-up lanes with sprint lanes, and pace lanes.</li> <li>• All swimmers must enter the water from the starting end of the pool.</li> <li>• Princeton Tigers Meet Marshals will monitor warm-up.</li> </ul> <p><u>Warm-up procedures based upon number of entries:</u></p> <ul style="list-style-type: none"> <li>• The warm-up sessions will be two 30-minute warm-ups divided by teams. There will be designated sprint lanes/pace lanes during the last 10 minutes.</li> </ul>
<u>Entry Times:</u>	<ul style="list-style-type: none"> <li>• New Jersey Swimming does not allow ‘NT’ or ‘No Time’ to be used as an entry time. All entry times must be in long course meters.</li> </ul>
<u>Check-In:</u>	<ul style="list-style-type: none"> <li>• All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. <b><u>Swimmers who are swimming will have a line through their name. Swimmers who are being scratched will have their names circled with a “SCR” next to the circle.</u></b> Swimmers scratching a single event will have a line through his/her name and the event number circled with “SCR” next to the circle. <b>If a swimmer is not properly checked-in, they will be scratched from their events in that session.</b></li> </ul>
<u>Starts:</u>	<ul style="list-style-type: none"> <li>• New Jersey Swimming requires that whistle starts be used.</li> <li>• The host club will determine if "overhead/fly-over" starts will be used after a time line has been produced. This information will be published in the pre-meet information and posted at <a href="http://www.Tigersaq.com">www.Tigersaq.com</a></li> </ul>

<u>Scoring:</u>	There will be no team scoring.
<u>Awards:</u>	Ribbons will be awarded for the top 8 swimmers in each event. Coaches need to pick up their team awards behind the glass conference room at the conclusion of the meet.
<u>Entry Fees:</u>	Individual Entry Fee is \$5.00. Make checks payable to <b>PRINCETON TIGERS AQUATICS CLUB</b> .
<u>Admissions and Programs:</u>	Admission will be \$7.00 per person/per session. The program will be \$10.00 for a two-day program.
<u>Results:</u>	All teams must request on the Meet Summary whether they want results mailed or e-mailed.
<u>Host Club Responsibilities:</u>	<p>The host club will provide a single timer in each lane throughout the meet.</p> <p>The entry coordinator will create a warm-up schedule and timing assignments that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website <a href="http://www.tigersaq.com">www.tigersaq.com</a> no later than 1 week before the meet.</p>
<u>Participating Club Responsibilities:</u>	<p>Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website <a href="http://www.tigersaq.com">www.tigersaq.com</a> 1 week prior to the meet.</p> <p>Participating club parents must stay off the pool deck except to report for timing assignments.</p> <p>Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.</p>
<u>Food Concessions:</u>	Food will be available in the Jadwin Gym.
<u>Vendor:</u>	Swim New Jersey Swim Shop will be selling merchandise in the Jadwin Gym
<u>Directions:</u>	Princeton University DeNunzio Pool is conveniently located approximately one mile west of Route 1 via Route 571 (Washington Avenue.) At the first light, Faculty Road make a right, the parking lot and the pool is the first entrance on the left.
<u>Hotels:</u>	<ul style="list-style-type: none"> <li>• Holiday Inn, 100 Independence Way, 1.609.520.1200,</li> <li>• Staybridge Suites, 4375 Route1, 1.609.951.0009</li> <li>• Residence Inn by Marriott, 4225 Route 1, 1.732.329.9600, includes breakfast</li> <li>• Princeton Courtyard by Marriott, Route 1 and Mapleton Road, 1.609.716.9100; includes breakfast</li> </ul>

**PRINCETON TIGERS AQUATICS CLUM**  
**2011 TIGER CHALLENGE**

**ORDER OF EVENTS**

**SATURDAY**

**SESSION #1 – All 12/Unders**

Warm-up at 7:00 AM; Check-in by 7:30 AM;  
Start at 8:10 AM

- 1 Girls 10 & Under 200 Freestyle
- 2 Boys 10 & Under 200 Freestyle
- 3 Girls 11-12 200 Freestyle
- 4 Boys 11-12 200 Freestyle
- 5 Girls 10 & Under 50 Backstroke
- 6 Boys 10 & Under 50 Backstroke
- 7 Girls 11-12 50 Backstroke
- 8 Boys 11-12 50 Backstroke
- 9 Girls 10 & Under 50 Freestyle
- 10 Boys 10 & Under 50 Freestyle
- 11 Girls 11-12 50 Freestyle
- 12 Boys 11-12 50 Freestyle
- 13 Girls 10 & Under 100 Breaststroke
- 14 Boys 10 & Under 100 Breaststroke
- 15 Girls 11-12 100 Breaststroke
- 16 Boys 11-12 100 Breaststroke
- 17 Girls 10 & Under 100 Butterfly
- 18 Boys 10 & Under 100 Butterfly
- 19 Girls 11-12 100 Butterfly
- 20 Boys 11-12 100 Butterfly

**SESSION #2 – Distance Events**

Warm-Up at the end of Session 1; Check-in at  
the end of Session 1 +20 Minutes;  
Start at the end of Session 1 +35 Minutes  
*Swimmers need to provide their own timers.*

- 21 Girls 11-12 400 IM
- 22 Boys 11-12 400 IM
- 23 Girls 13-14 400 IM
- 24 Boys 13-14 400 IM
- 25 Girls 15 & Over 400 IM
- 26 Boys 15 & Over 400 IM
- 27 Girls 10 & Under 400 Free
- 28 Boys 10 & Under 400 Free
- 29 Girls 11-12 400 Free
- 30 Boys 11-12 400 Free
- 31 Girls 13-14 400 Free
- 32 Boys 13-14 400 Free
- 33 Girls 15 & Over 400 Free
- 34 Boys 15 & Over 400 Free

**SESSION #3 – All 13/19**

Warm-Up at the end of session 2; Check-In at  
the end of Session 2 +30 Minutes;  
Start At the end of session 2 +65 Minutes

- 35 Girls 13-14 200 Freestyle
- 36 Boys 13-14 200 Freestyle
- 37 Girls 15 & Over 200 Freestyle
- 38 Boys 15 & Over 200 Freestyle
- 39 Girls 13-14 100 Breaststroke
- 40 Boys 13-14 100 Breaststroke
- 41 Girls 15 & Over 100 Breaststroke
- 42 Boys 15 & Over 100 Breaststroke
- 43 Girls 13-14 100 Butterfly
- 44 Boys 13-14 100 Butterfly
- 45 Girls 15 & Over 100 Butterfly
- 46 Boys 15 & Over 100 Butterfly
- 47 Girls 13-14 200 Backstroke
- 48 Boys 13-14 200 Backstroke
- 49 Girls 15 & Over 200 Backstroke
- 50 Boys 15 & Over 200 Backstroke
- 51 Girls 13-14 200 Breaststroke
- 52 Boys 13-14 200 Breaststroke
- 53 Girls 15 & Over 200 Breaststroke
- 54 Boys 15 & Over 200 Breaststroke

## SUNDAY

### SESSION #4 – All 12 & Unders

Warm-up at 7:00 AM; Check-in by 7:30 AM;  
Start at 8:10 AM.

- 55 Girls 10 & Under 200 IM
- 56 Boys 10 & Under 200 IM
- 57 Girls 11-12 200 IM
- 58 Boys 11-12 200 IM
- 59 Girls 10 & Under 50 Breaststroke
- 60 Boys 10 & Under 50 Breaststroke
- 61 Girls 11-12 50 Breaststroke
- 62 Boys 11-12 50 Breaststroke
- 63 Girls 10 & Under 50 Butterfly
- 64 Boys 10 & Under 50 Butterfly
- 65 Girls 11-12 50 Butterfly
- 66 Boys 11-12 50 Butterfly
- 67 Girls 10 & Under 100 Backstroke
- 68 Boys 10 & Under 100 Backstroke
- 69 Girls 11-12 100 Backstroke
- 70 Boys 11-12 100 Backstroke
- 71 Girls 10 & Under 100 Freestyle
- 72 Boys 10 & Under 100 Freestyle
- 73 Girls 11-12 100 Freestyle
- 74 Boys 11-12 100 Freestyle

### SESSION #5 – Distance Events

Warm-up at the end of Session 4; Check-In at  
the end of Session 4 +20Minutes  
Start at the end of Session 4 +35 minutes  
*Swimmers need to provide their own timers and  
counters*

- 75 Girls 11-12 800 Freestyle
- 76 Boys 11-12 800 Freestyle
- 77 Girls 13-14 800 Freestyle
- 78 Boys 13-14 800 Freestyle
- 79 Girls 15 & Over 800 Freestyle
- 80 Boys 15 & Over 800 Freestyle

### SESSION #6 –All 13/19's

Warm-up at the end of session 5; Check-in at  
the end of Session 5 +30Minutes;  
Start at the end of Session 5 +65 minutes

- 81 Girls 13-14 50 Freestyle
- 82 Boys 13-14 50 Freestyle
- 83 Girls 15 & Over 50 Freestyle
- 84 Boys 15 & Over 50 Freestyle
- 85 Girls 13-14 100 Backstroke
- 86 Boys 13-14 100 Backstroke
- 87 Girls 15 & Over 100 Backstroke
- 88 Boys 15 & Over 100 Backstroke
- 89 Girls 13-14 200 Butterfly
- 90 Boys 13-14 200 Butterfly
- 91 Girls 15 & Over 200 Butterfly
- 92 Boys 15 & Over 200 Butterfly
- 93 Girls 13-14 100 Freestyle
- 94 Boys 13-14 100 Freestyle
- 95 Girls 15 & Over 100 Freestyle
- 96 Boys 15 & Over 100 Freestyle
- 97 Girls 13-14 200 IM
- 98 Boys 13-14 200 IM
- 99 Girls 15 & Over 200 IM
- 100 Boys 15 & Over 200 IM

**New Jersey Swimming Inc.**  
*Official Meet Verification Form*

Club Name: \_\_\_\_\_ Club Code: \_\_\_\_\_

Club E-Mail Address: \_\_\_\_\_

Head Coach's Name: \_\_\_\_\_

Club Address: \_\_\_\_\_



**NEW JERSEY  
SWIMMING**

I hereby certify that all swimmers and coaches listed on the entry or hard copy with disk entries for the **2011 TIGER CHALLENGE** to be held on May 14th and May 15th, 2011, are registered members of New Jersey Swimming/United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. I also acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Signature cannot be photocopied)

Article 302.4 of the USA Swimming Rules and Regulations

**FALSE REGISTRATION.** An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC, and the LSC will be entitled to the fines imposed.

**LIST ALL UNATTACHED SWIMMERS BELOW**

_____	_____	_____
_____	_____	_____
_____	_____	_____

# 2011 TIGER CHALLENGE

## ENTRY SUMMARY

**Team:** \_\_\_\_\_ **USA-S Club Code:** \_\_\_\_\_

### WAIVER

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Princeton Tigers Aquatic Club and **Princeton University**, and their staff for any injuries and/or expenses incurred by me/us at the swim meet or while on the road to and from the meet. I/we am/are a bona-fide amateur athlete(s), USA-S-registered, and eligible to compete in all of the events I/we have entered.

\_\_\_\_\_  
*Signature of Club Official, Coach, and/or Parent or Guardian*

Coach(s): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Address: \_\_\_\_\_

Telephone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

### Contact Person for Entries

### Contact Person for Timers and Officials

Name: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Telephone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Fax: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

### ENTRY FEE SUMMARY

Total # of Individual Entries \_\_\_\_\_ x \$5.00 = \$ \_\_\_\_\_

Total # of Swimmers: \_\_\_\_\_

***Make checks payable to "Princeton Tigers Aquatics Club"***

# NEW JERSEY SWIMMING

## 2011 GOLD/SILVER/BRONZE LC TIME STANDARDS

### 10 & Under Long Course Meters

EVENT	GIRLS GOLD	GIRLS SILVER	BOYS GOLD	BOYS SILVER
50 mtr. Freestyle	:36.19	:40.89	<b>:35.69</b>	:40.89
100 mtr. Freestyle	1:21.09	1:32.99	<b>1:19.79</b>	1:32.99
200 mtr. Freestyle	2:57.99	3:23.79	<b>2:54.29</b>	3:23.79
400 mtr. Freestyle	6:19.69	6:55.79	6:24.59	6:55.79
50 mtr. Backstroke	:42.99	:49.89	<b>:43.59</b>	:49.89
100 mtr. Backstroke	1:33.09	1:48.89	<b>1:31.19</b>	1:48.89
50 mtr. Breaststroke	:49.19	:55.09	:50.49	:55.09
100 mtr. Breaststroke	1:46.19	2:02.39	<b>1:48.69</b>	2:02.39
50 mtr. Butterfly	:41.99	:48.59	<b>:42.79</b>	:48.59
100 mtr. Butterfly	1:40.09	1:56.19	1:41.69	1:56.19
200 mtr. Ind. Medley	3:22.09	3:47.29	<b>3:16.29</b>	3:47.29

Bronze Times are all times slower than Silver Times

### 11-12 Long Course Meters

EVENT	GIRLS GOLD	GIRLS SILVER	BOYS GOLD	BOYS SILVER
50 mtr. Freestyle	:32.09	:35.69	<b>:31.79</b>	:35.69
100 mtr. Freestyle	1:10.19	1:17.49	<b>1:10.29</b>	1:17.49
200 mtr. Freestyle	2:33.69	2:48.69	2:34.49	2:48.69
400 mtr. Freestyle	5:29.99	6:00.09	5:30.79	6:00.09
800 mtr. Freestyle	11:36.59	None	11:36.59	None
1500 mtr. Freestyle	21:47.19	None	21:47.19	None
50 mtr. Backstroke	37.89	:42.49	:38.49	:42.49
100 mtr. Backstroke	1:21.09	1:31.39	1:22.29	1:31.39
200 mtr. Backstroke	2:55.69	3:20.79	<b>2:59.09</b>	3:20.79
50 mtr. Breaststroke	:42.79	:47.09	:43.29	:47.09
100 mtr. Breaststroke	<b>1:33.69</b>	1:43.69	1:34.69	1:43.69
200 mtr. Breaststroke	3:22.39	3:44.39	3:27.19	3:44.39
50 mtr. Butterfly	:35.69	:39.99	:36.69	:39.99
100 mtr. Butterfly	1:22.59	1:31.99	<b>1:23.19</b>	1:31.99
200 mtr. Butterfly	3:12.49	3:22.49	3:12.49	3:22.49
200 mtr. Ind. Medley	2:53.89	3:15.19	<b>2:54.69</b>	3:15.19
400 mtr. Ind. Medley	6:24.59	6:59.79	6:28.29	6:59.79

Bronze Times are all times slower than Silver Times

# NEW JERSEY SWIMMING

## 2011 GOLD/SILVER/BRONZE LC TIME STANDARDS

### 13-14 Long Course Meters

EVENT	GIRLS GOLD	GIRLS SILVER	BOYS GOLD	BOYS SILVER
50 mtr. Freestyle	:30.49	<b>:32.99</b>	:28.89	<b>:31.89</b>
100 mtr. Freestyle	1:05.89	<b>1:11.49</b>	1:02.69	<b>1:09.89</b>
200 mtr. Freestyle	2:22.89	<b>2:35.09</b>	2:16.89	<b>2:32.99</b>
400 mtr. Freestyle	5:04.39	<b>5:28.99</b>	4:52.29	<b>5:27.39</b>
800 mtr. Freestyle	10:32.69	<b>11:08.79</b>	10:12.69	<b>10:48.79</b>
1500 mtr. Freestyle	19:56.79	<b>20:57.89</b>	19:43.39	<b>20:26.29</b>
100 mtr. Backstroke	1:15.89	<b>1:22.89</b>	1:12.99	<b>1:20.69</b>
200 mtr. Backstroke	2:42.49	<b>2:59.39</b>	2:36.79	<b>2:55.29</b>
100 mtr. Breaststroke	1:26.79	<b>1:33.59</b>	1:23.49	<b>1:31.29</b>
200 mtr. Breaststroke	3:07.19	3:23.69	3:01.99	<b>3:19.29</b>
100 mtr. Butterfly	1:15.29	<b>1:23.39</b>	1:12.79	<b>1:20.29</b>
200 mtr. Butterfly	2:48.59	<b>3:04.89</b>	2:41.99	<b>3:01.09</b>
200 mtr. Ind. Medley	2:42.69	<b>2:57.39</b>	2:36.59	<b>2:54.69</b>
400 mtr. Ind. Medley	5:47.49	<b>6:23.49</b>	5:38.89	<b>6:17.49</b>

Bronze Times are all times slower than Silver Times

### 15-19 Long Course Meters

EVENT	GIRLS GOLD	GIRLS SILVER	BOYS GOLD	BOYS SILVER
50 mtr. Freestyle	:29.19	<b>:32.09</b>	:26.69	<b>:28.99</b>
100 mtr. Freestyle	1:02.59	<b>1:09.49</b>	:57.59	1:03.09
200 mtr. Freestyle	2:14.49	<b>2:29.19</b>	2:05.69	<b>2:18.39</b>
400 mtr. Freestyle	4:43.59	<b>5:17.79</b>	4:30.39	<b>4:59.89</b>
800 mtr. Freestyle	9:51.79	<b>10:58.99</b>	9:31.59	<b>10:22.29</b>
1500 mtr. Freestyle	19:22.19	<b>20:45.09</b>	18:35.89	<b>19:36.69</b>
100 mtr. Backstroke	1:12.39	<b>1:19.19</b>	1:07.19	<b>1:13.59</b>
200 mtr. Backstroke	2:34.39	<b>2:50.09</b>	2:26.39	<b>2:41.99</b>
100 mtr. Breaststroke	1:22.79	<b>1:30.19</b>	1:17.29	<b>1:25.29</b>
200 mtr. Breaststroke	2:58.59	<b>3:15.69</b>	2:49.89	<b>3:04.49</b>
100 mtr. Butterfly	1:09.39	<b>1:18.59</b>	1:04.09	<b>1:14.29</b>
200 mtr. Butterfly	2:35.99	<b>2:59.09</b>	2:30.59	2:44.49
200 mtr. Ind. Medley	2:33.99	<b>2:50.09</b>	2:24.09	<b>2:38.99</b>
400 mtr. Ind. Medley	5:24.39	<b>6:11.59</b>	5:06.09	<b>5:54.09</b>

Bronze Times are all times slower than Silver Times