

Name of Meet:	<b><u>HAMILTON YMCA AQUATIC CLUB</u></b> <b><u>SUMMER SOLSTICE 2011</u></b> <u>@</u> <b><u>RUTGERS UNIVERSITY</u></b> (A multi-day all level meet)
Meet Sanction #:	Sanction # NJS #061811LC
Host Club:	Hamilton YMCA Aquatic Club.
Date of Meet:	Saturday, June 18 <sup>TH</sup> and Sunday, June 19 <sup>TH</sup> , 2011
Location:	<ul style="list-style-type: none"> <li>• The pool is located in the Sonny Werblin Recreation Center on the Busch Campus at Rutgers University in Piscataway, New Jersey. The Center's main number is 732-445-0460; (this number is for emergencies only). All calls regarding this meet should be directed to the Meet Director.</li> <li>• There are two auxiliary pools, known as "patio pools" (for warm-up and warm-down), and seating for 1,000 spectators, including 400 chair-backed seats. The remaining seating is bleacher style.</li> <li>• The minimum water depth in the competition pool is 6 ft.</li> </ul>
Meet Director:	Ellen Mace, <a href="mailto:entries1@juno.com">entries1@juno.com</a> , 609.558.0988
Meet Referee:	Peter Madley, <a href="mailto:pmadley@gmail.com">pmadley@gmail.com</a>
Meet Marshall:	Sandra Franc
Entry Coordinator:	<b>Ellen Mace of BE Smartt, Inc., <a href="mailto:entries1@juno.com">entries1@juno.com</a>.</b> <ul style="list-style-type: none"> <li>• (609) 558-0988</li> <li>• Best time to call after 8:00 p.m. and weekends.</li> </ul>
Entry Deadline:	<p>Meet entries will be taken until the meet fills. The host club must stay within the four-hour-per-session rule. Team entries will be considered accepted when entries are inputted into Meet Manager.</p> <p>The entry deadline is <b>Saturday June 4<sup>th</sup>, 2011.</b></p> <p>Mail entries to BE Smartt, Inc., 604 Paxson Avenue, Mercerville, NJ 08619.</p> <p>If you are mailing your entries, we recommend sending them via overnight delivery or express mail, <b><i>but waive the signature.</i></b></p>
<b>Multi-Day LC meet entry process</b>	<p><b>During the first 3 days of receiving entries (start date defined as the date when the meet is posted on the NJ Swimming website), NJS LCM Silver time standards will apply (make one cut swim three events per swimmer). Participating swimmers will be limited to one day of the meet and no more than three individual events/per swimmer (Note: An individual may only enter one day of competition. Teams are invited to attend either one or both days. Entries that reflect an individual entered on both days of the meet will be returned and asked to be resubmitted.)</b></p>

	<p><b>During days 4, 5 &amp; 6 of receiving entries, if the meet/sessions still have room, the meet will be opened to Bronze level athletes (bronze swimmers will be added to the meet in the order that teams were initially accepted during the 1<sup>st</sup> two weeks of receiving entries.) Again, any single swimmer can only compete on a single day for up to 3 events at this time.</b></p> <p><b>From day 7 of entries, if the meet is still open, teams may enter athletes into a second day of the meet in the same order that they were entered initially. Exception, the host team(s) may enter athletes into a maximum of four (4) events during the 3 days of entries over the two days of the meet. The NJS Silver LCM time standards will apply (make one swim four events.) For days 4, 5 &amp; 6 of entries, the host team may enter Bronze level athletes into a maximum of four events over the two days. The meet host team(s) will be considered the 1<sup>st</sup> teams to enter the meet.</b></p>
<p><u>Entries:</u></p>	<p>In accordance with NJS policy, team entries may be submitted by e-mail to <a href="mailto:entries1@juno.com">entries1@juno.com</a>. (please use <b>SOLSTICE2011</b> in subject line). All entries must be Hy-Tek program entries either on a 3½" diskette or as an e-mail file attachment.</p> <ul style="list-style-type: none"> <li>• The meet entry coordinator will respond to e-mail entries within 48 hours. If you do not receive an e-mail response within 48 hours, assume that your e-mail has not been received. It then becomes the sender's responsibility to make sure that the host club's meet entry coordinator receives the e-mail. If you do not receive an e-mail response, you must contact the entry coordinator by e-mail or phone, or mail your entries.</li> <li>• An Entry Summary with a signed NJS waiver and a check must accompany or follow each mailed entry.</li> <li>• The host club has the right to scratch swimmers/teams if entry fees and waivers are not received prior to the start of the meet.</li> <li>• Incomplete entries will not be accepted.</li> <li>• Deck entries will not be accepted.</li> <li>• Teams entered will be posted at <a href="http://www.besmarttinc.com">www.besmarttinc.com</a>.</li> </ul>
<p><u>Meet Format Waiver:</u></p>	<p>The host club has the right to change the format of the meet with the approval of the sanctioning chairman and age group or senior chairman. These changes would be made for a more efficient swim meet for the swimmers and the host club. A reason for change would be:</p> <ul style="list-style-type: none"> <li>• To conform to facility capacity, there will be no more than 350 swimmers per session.</li> </ul>
<p><u>Internet Website Posting:</u></p>	<ul style="list-style-type: none"> <li>• Meet Website address is <a href="http://www.besmarttinc.com">www.besmarttinc.com</a>.</li> <li>• The following pre-meet Information will be posted on the website: <ul style="list-style-type: none"> <li>• Meet information.</li> <li>• Hy-Tek Events list (.HYV file).</li> <li>• Teams whose entries have been received.</li> <li>• Updated meet schedule.</li> <li>• Warm-up schedule and team warm-up assignments.</li> <li>• Timing assignments.</li> </ul> </li> <li>• The following post-meet information will be posted on website: <ul style="list-style-type: none"> <li>• List downloadable results (HY3.zip file).</li> <li>• List downloadable meet back-up (backup.zip file).</li> </ul> </li> </ul>

<u>Meet Requirement Statement:</u>	This meet qualifies, as "one" of the two required long course meets to be eligible for the New Jersey LC Zone Championship Team or for New Jersey National Championship Reimbursement. A swimmer who has participated in 1 long course meet and 3 short course meets from Sept 1 thru Aug 1 will also be eligible for the NJ National Championship Reimbursement.
<u>Swimmers Unaccompanied by a USAS Certified Coach:</u>	Any swimmer entered into this meet that is unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
<u>Coaches Eligibility:</u>	All coaches "on the deck" must be a registered member of USA Swimming. <ul style="list-style-type: none"> <li>Coaches must have coaching card visible at all times.</li> </ul>
<u>Swimmer Eligibility:</u>	<ul style="list-style-type: none"> <li>All swimmers must be members of USA Swimming to enter and compete in this meet. All swimmers must be listed on a team's official entry form to be eligible to participate in this swim meet in any events, including relays. All transfer swimmer(s) must swim unattached for 120 days from their last attached competition. Swimmers must use "UN-&lt;New Team Alpha Code&gt;" as their team affiliation. All unattached swimmers must be listed on the team's official waiver entry form.</li> <li>No time standards will be used for this meet.</li> <li>New Jersey Swimming allows swimmers to compete in only 3 individual events per day.</li> <li>Age for this meet is calculated as of June 18<sup>th</sup>, 2011.</li> </ul>
<u>Meet Format:</u>	<p>This meet will be run in accordance with current USA Swimming Rules. This meet will be run as a timed-final meet.</p> <p>There will be no qualifying times for this meet. The same order of events will be run on Saturday and Sunday.</p> <p>There will be 12/under events for 10/unders and 11/12's and 13-19 events for 13/14's and 15/19's.</p> <p>This meet will be deck-seeded with coaches checking in/scratching all swimmers. When the seeding has been posted, swimmers will report directly to the blocks.</p>
<u>Meet Schedule:</u>	The building opening time is no sooner than 7:00 a.m. This meet will have three sessions on Saturday and three sessions on Sunday.

**Meet Schedule: The same events and schedule will take place on Saturday and Sunday**

<b>Saturday</b>		<b>Warm-Up</b>	<b>Start</b>
Session 1	13/19's – Check-in by 7:45AM	7:15 AM.	8:20 AM
Session 2	13/19 400s – Positive check-in by noon <i>Will be run slowest to fastest; swimmers will provide their own timers. Limited to 90 minutes</i>	12:45PM	1:15PM
Session 3	All 12/Unders—Check-in 30 minutes before start.	TBA	TBA
<b>Sunday</b>		<b>Warm-Up</b>	<b>Start</b>
Session 4	All 13/19's – Check-in by 7:45AM.	7:15AM	8:20AM.
Session 5	13/19 400's –Check-in 30 minutes before start. <i>Will be run slowest to fastest; swimmers will provide their own timers. Limited to 90 minutes</i>	12:30PM	1:15PM
Session 6	All 12/Under —Check-in 30 minutes before start.	TBA	TBA

<u>Warm-up Procedures:</u>	<ul style="list-style-type: none"> <li>• Warm-ups will be run under New Jersey Swimming Warm-up and Safety Guidelines.</li> <li>• <b>Entry Into Pool:</b></li> <li>• All swimmers must enter the pool from the starting end of the pool.</li> </ul> <p><b>Host Team Monitoring Warm-ups.</b></p> <ul style="list-style-type: none"> <li>• The warm-ups will be monitored by the Hamilton Aquatic Club meet marshals.</li> <li>• All general warm-up lanes will swim in a counterclockwise direction.</li> </ul> <p><b>Warm-up Schedules.</b></p> <ul style="list-style-type: none"> <li>• The warm-up sessions will be divided fairly and equitably by teams. There will be specific assigned lanes for each team.</li> <li>•</li> </ul>
<u>Entry Times:</u>	<ul style="list-style-type: none"> <li>• New Jersey Swimming does not allow 'NT' or 'No Time' to be used as an entry time. All entry times must be in long course meters.</li> </ul>
<u>Check-In:</u>	<ul style="list-style-type: none"> <li>• All check-in sheets must be turned into the scoring table 30 minutes before the start of each session. Swimmers who are swimming will have a line through their name. Swimmers who are being scratched will have their names circled with a "SCR" next to the circle. Swimmers scratching a single event will have a line through his/her name and the event number circled with "SCR" next to the circle. Failure to follow this procedure will result in the swimmer(s) being scratched from the session.</li> </ul>
<u>Starts:</u>	<ul style="list-style-type: none"> <li>• New Jersey Swimming requires that whistle starts be used.</li> <li>• The host club will determine if "overhead/fly-over" starts will be used after a time line has been produced. This information will be published in the pre-meet information and posted at <a href="http://www.besmartinc.com">www.besmartinc.com</a>.</li> </ul>
<u>Scoring:</u>	There will be no team scoring. For award purposes: swimmers in 13/19 age groups will be scored separately as 13/14 and 15/19.
<u>Awards:</u>	Medals will be awarded for the top 3 swimmers in all age groups: 10/U, 11/12, 13/14 and 15/19
<u>Entry Fees:</u>	Individual Entry Fee is \$5.00. Make checks payable to <b>HAMILTON YMCA AQUATIC CLUB.</b>
<u>Admissions and Programs:</u>	Admission will be \$7.00 per person/per session. The program will be \$6.00/per day.
<u>Results:</u>	Results will be sent via email.
<u>Host Club Responsibilities:</u>	<p>The host club will provide a single timer in each lane throughout the meet.</p> <p>The entry coordinator will create a warm-up schedule and timing assignments that will be fair and equal to all teams. This warm-up schedule will be e-mailed to all participating clubs and posted on the website <a href="http://www.besmartinc.com">www.besmartinc.com</a> no later than one week before the meet.</p>
<u>Participating Club Responsibilities:</u>	<p>Participating clubs must help with timing assignments. Timing assignments will be e-mailed to participating clubs and posted on the swim meet website <a href="http://www.besmartinc.com">www.besmartinc.com</a> one week prior to the meet.</p> <p>Participating club parents must stay off the pool deck except to report for timing assignments.</p> <p>Participating clubs should help with officiating whenever possible. List the club contact for club officials on the meet summary.</p>

<u>Food Concessions:</u>	Light refreshments will be available.
<u>Vendor:</u>	A swim vendor will be selling merchandise at the meet.
<u>Directions:</u>	<p><b><i>From the NJ Turnpike, North or South</i></b> - Take Exit 9-New Brunswick and pay toll. **Follow signs for Route 18 North-New Brunswick. Proceed along Route 18 North, crossing the Raritan River on the John Lynch Bridge, approximately 3.7 miles. Continue to Busch Campus Exit, bear right on exit ramp and proceed on the entrance road to the traffic circle. Bear right at first turn off, go to first intersection, turn left to lot 64.</p> <p><b><i>From the Garden State Parkway Traveling South</i></b> - Follow Parkway South to Exit 129-New Jersey Turnpike. Travel south on the New Jersey Turnpike to Exit 9-New Brunswick. Follow directions from ** above.</p> <p><b><i>From the Garden State Parkway Traveling North</i></b> - Follow Parkway North to Exit 105-Route 18. Take Route 18 North and follow directions from ** above.</p> <p><b><i>From Route 287 Traveling North</i></b> - Take Route 287 North to Exit 9 (River Road, Bound Brook, Highland Park, 514 Spur). Follow River Road (514 Spur South) approximately 2 miles to Hoes Lane, turn left about ½ mile bear right and on campus just past the golf course entrance. At the traffic circle, take the 3<sup>rd</sup> exit (Bartholomew Rd.). At stop sign, turn left to lot 64.</p> <p><b><i>From Route 287 Traveling South</i></b> - Take Route 287 South to Exit 9 (River Road, Bound Brook, Highland Park, 514 Spur) Follow River Road (514 Spur South) approximately 2 miles to Hoes Lane West, turn left about ½ mile bear right and on campus just past the golf course entrance. At the traffic circle, take the 3<sup>rd</sup> exit (Bartholomew Rd.). At stop sign, turn left to lot 64.</p> <p><b><i>From US Highway 1, North or South</i></b> - Take the exit for Route 18 North - New Brunswick and proceed from ** above.</p>
<u>Hotels:</u>	<p>Host Hotel: <b><i>Somerset Holiday Inn, (732) 584-4612</i></b>; ask for special Summer Solstice rates.</p> <p><i>The Crowne Plaza, 1.732.716.1175</i></p> <p><i>The Courtyard by Marriott on Davidson Avenue</i></p> <p><i>The Doubletree Executive Somerset on Atrium Drive</i></p>

# Event List

The same events are being offered on Saturday and Sunday

## SATURDAY EVENTS

Event #	Event Name	Event #	Event Name
<b>SATURDAY AM</b>		<b>SATURDAY PM SESSION</b>	
1	Girls 13-19 200 Freestyle	25	Girls 12 & Under 200 Freestyle
2	Boys 13-19 200 Freestyle	26	Boys 12 & Under 200 Freestyle
3	Girls 13-19 100 Breaststroke	27	Girls 12 & Under 100 Breaststroke
4	Boys 13-19 100 Breaststroke	28	Boys 12 & Under 100 Breaststroke
5	Girls 13-19 100 Butterfly	29	Girls 12 & Under 50 Freestyle
6	Boys 13-19 100 Butterfly	30	Boys 12 & Under 50 Freestyle
7	Girls 13-19 200 Backstroke	31	Girls 12 & Under 50 Backstroke
8	Boys 13-19 200 Backstroke	32	Boys 12 & Under 50 Backstroke
9	Girls 13-19 50 Freestyle	33	Girls 12 & Under 100 Butterfly
10	Boys 13-19 50 Freestyle	34	Boys 12 & Under 100 Butterfly
11	Girls 13-19 200 Butterfly	35	Girls 12 & Under 200 IM
12	Boys 13-19 200 Butterfly	36	Boys 12 & Under 200 IM
13	Girls 13-19 100 Backstroke	37	Girls 12 & Under 50 Breaststroke
14	Boys 13-19 100 Backstroke	38	Boys 12 & Under 50 Breaststroke
15	Girls 13-19 200 Breaststroke	39	Girls 12 & Under 50 Butterfly
16	Boys 13-19 200 Breaststroke	40	Boys 12 & Under 50 Butterfly
17	Girls 13-19 100 Freestyle	41	Girls 12 & Under 100 Freestyle
18	Boys 13-19 100 Freestyle	42	Boys 12 & Under 100 Freestyle
19	Girls 13-19 200 IM	43	Girls 12 & Under 100 Backstroke
20	Boys 13-19 200 IM	44	Boys 12 & Under 100 Backstroke
<b>SATURDAY MID-SESSION</b>			
21	Girls 13-19 400 IM		
22	Boys 13-19 400 IM		
23	Girls 13-19 400 Freestyle		
24	Boys 13-19 400 Freestyle		

# SUNDAY EVENTS

## SUNDAY AM

- 45 Girls 13-19 200 Freestyle
- 46 Boys 13-19 200 Freestyle
- 47 Girls 13-19 100 Breaststroke
- 48 Boys 13-19 100 Breaststroke
- 49 Girls 13-19 100 Butterfly
- 50 Boys 13-19 100 Butterfly
- 51 Girls 13-19 200 Backstroke
- 52 Boys 13-19 200 Backstroke
- 53 Girls 13-19 50 Freestyle
- 54 Boys 13-19 50 Freestyle
- 55 Girls 13-19 200 Butterfly
- 56 Boys 13-19 200 Butterfly
- 57 Girls 13-19 100 Backstroke
- 58 Boys 13-19 100 Backstroke
- 59 Girls 13-19 200 Breaststroke
- 60 Boys 13-19 200 Breaststroke
- 61 Girls 13-19 100 Freestyle
- 62 Boys 13-19 100 Freestyle
- 63 Girls 13-19 200 IM
- 64 Boys 13-19 200 IM

## SUNDAY PM SESSION

- 69 Girls 12 & Under 200 Freestyle
- 70 Boys 12 & Under 200 Freestyle
- 71 Girls 12 & Under 100 Breaststroke
- 72 Boys 12 & Under 100 Breaststroke
- 73 Girls 12 & Under 50 Freestyle
- 74 Boys 12 & Under 50 Freestyle
- 75 Girls 12 & Under 50 Backstroke
- 76 Boys 12 & Under 50 Backstroke
- 77 Girls 12 & Under 100 Butterfly
- 78 Boys 12 & Under 100 Butterfly
- 79 Girls 12 & Under 200 IM
- 80 Boys 12 & Under 200 IM
- 81 Girls 12 & Under 50 Breaststroke
- 82 Boys 12 & Under 50 Breaststroke
- 83 Girls 12 & Under 50 Butterfly
- 84 Boys 12 & Under 50 Butterfly
- 85 Girls 12 & Under 100 Freestyle
- 86 Boys 12 & Under 100 Freestyle
- 87 Girls 12 & Under 100 Backstroke
- 88 Boys 12 & Under 100 Backstroke

## SUNDAY MID-SESSION

- 65 Girls 13-19 400 IM
- 66 Boys 13-19 400 IM
- 67 Girls 13-19 400 Freestyle
- 68 Boys 13-19 400 Freestyle

# New Jersey Swimming Inc.

Official Meet Verification Form

Club Name: \_\_\_\_\_

Club Code: \_\_\_\_\_

Club E-Mail Address: \_\_\_\_\_

Head Coach's Name: \_\_\_\_\_

Club Address: \_\_\_\_\_



**NEW JERSEY  
SWIMMING**

I hereby certify that all swimmers and coaches listed on the entry or hard copy with disk entries for the **2011 SUMMER SOLSTICE CLASSIC** to be held on June 18<sup>th</sup> and 19<sup>th</sup>, 2011, are registered members of New Jersey Swimming/United States Swimming. All United States Swimming numbers are correctly listed and, unless otherwise noted, are not required to swim unattached (UN) due to the 120-day transfer. I also acknowledge that deck access is limited to coaches and/or officials working the meet and displaying their credentials.

Signature: \_\_\_\_\_  
(Signature cannot be photocopied)

Date: \_\_\_\_\_

Article 302.4 of the USA Swimming Rules and Regulations

**FALSE REGISTRATION.** An LSC may impose a fine of up to **\$100 per event** against a member coach or a member club's representative signing a document which indicates a swimmer is registered with United States Swimming for a meet when that swimmer is not properly registered or eligible to compete for that club. This will be enforced by the LSC, and the LSC will be entitled to the fines imposed.

**LIST ALL UNATTACHED SWIMMERS BELOW**

_____	_____	_____
_____	_____	_____
_____	_____	_____

# 2011 SUMMER SOLSTICE CLASSIC

## ENTRY SUMMARY

**Team:** \_\_\_\_\_ **USA-S Club Code:** \_\_\_\_\_

### WAIVER

In consideration of the acceptance of this entry, I/we hereby, for myself/ourselves, my/our heirs, administrators and assigns, waive and release any and all claims against USA Swimming, Hamilton YMCA Aquatic Club, Rutgers University, BE Smartt, Inc., and their staff for any injuries and/or expenses incurred by me/us at the swim meet or while on the road to and from the meet. I/we am/are a bona-fide amateur athlete(s), USA-S-registered, and eligible to compete in all of the events I/we have entered.

\_\_\_\_\_  
*Signature of Club Official, Coach, and/or Parent or Guardian*

Coach(s): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Address: \_\_\_\_\_

Telephone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

#### Contact Person for Entries

#### Contact Person for Timers and Officials

Name: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Telephone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Fax: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

### ENTRY FEE SUMMARY

Total # of Individual Entries \_\_\_\_\_ x \$5.00 = \$

Totals: \$ \_\_\_\_\_

*Make checks payable to "Hamilton YMCA Aquatic Club"*